# Your benefits at Thera





### **Pensions**

We have two pensions schemes available. For more information, email pensions@thera.co.uk



## You at Work

Access a range of benefits including Cycle to Work and Health Cash Plans through our benefits portal: ttbenefits.youatwork.com



#### **Care First**

Confidential help and support whenever you need it 24/7. Call for free on: 0800 174319 or email hradmin@thera.co.uk for online access.



## **Able Futures**

Access free mental health support for 9 months through able-futures.co.uk.



## **Blue light Card**

Thera staff can apply for a Blue Light Card, which gives access to a range of discounts. Cards cost £4.99 for 2 years, which can be reclaimed through expenses. Apply at: www.bluelightcard.co.uk.



## **Learning and Development**

Access opportunities for professional qualifications, with full support to achieve at least a level 2 qualification in a subject relevant to your role.



# **Sick and Parental Leave Pay**



Thera operates a company sick pay scheme from the first day of absence. Staff can also receive above statutory payments when on maternity, adoption or shared parental leave.



### **Annualised hours**

Annualised hours provide flexibility and a stable income regardless of your work pattern.



### **Early Pay**



Access EarlyPay gives you the freedom to choose your own payday. Whether it's to cover an emergency or ever-increasing costs, or to get you through until payday. For more information on any of these benefits, contact: employeebenefits@thera.co.uk